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therapeutic riding... horses helping people

The ManeLine

Pippa Hodge came to Ontario

Those who braved the cold and the rain to attend the Pippa Hodge clinic held at TEAD in May were treated to a day and a half packed with exceptional and professional insight on therapeutic riding. All participants would have liked to keep Pippa here in Ontario for good. Pippa brought many tangible resources with her including photos and slides of riders from her program in BC which she used to highlight her talk. Her focus for the clinic was teaching instructors to use meaningful activities that can provide measurable results for students. All morning on Saturday participants were shown wonderful toys and tools that can be used in lessons that don't have to cost a fortune. She gave instructors many tips on how to assess where a rider is currently, and how to use that assessment to determine

measurable improvement over a course of lessons. There was also discussion about how conformation of the horse impacts the riders, and how to use different horse traits to progress riders from stability to mobility. Participants were then put into groups to discuss the 'ideal' therapy horse before going to the arena to do conformation assessments on some of the horses on site.

After lunch, participants headed back to the arena for a rider demonstration. Pippa displayed many of the tips she had discussed in the morning, while providing many more as she worked with the rider. Then it was back to the classroom for more slides and discussion. This created an opportunity for instructors to 'ask the expert' and get Pippa's input on any issues they experience with riders at their centers.

Sunday morning began with a recap of the previous day and time for any questions that may have come up overnight. Pippa then showed a few videos that demonstrated movement, and provided tips on how to keep therapy horses in good physical health. Then, it was back out to the arena to practice some rider stretches with the horses and a follow up discussion about general health and well being of therapy horses. Finally, we went back to wrap up in the classroom.

OnTRA would like to extend heartfelt thanks to Pippa Hodge for coming to Ontario, and to the volunteers and organizers from TEAD who provided a great venue for the clinic.



2011 OnTRA MEMBER CENTRES

ASHBURN: The Stables at WindReach Farm - 905-655-5827
BARRIE/ORILLIA: Stonegate Farm - 705-327-7801
BELLEVILLE: Quinte Therapeutic Riding Assn. - 613-395-4472
BRACEBRIDGE: With Care Oke-Cook Family Farm - 705-645-5866
BRAMPTON/CALEDON: Caledon Equestrian School - 905 584-2022
BRENTWOOD: Kuruka Equestrian
CALEDON EAST: Peace Ranch - 905-584-9156
CARLETON PLACE: Lanark County Therapeutic Riding Program - 613 257-7121
CORNWALL: Brave-Hearts Riding Club - 613-528-1616
CORNWALL: Second Wind Acres - 613-528-1616
GREELY: TROTt
GUELPH: Sunrise Therapeutic Riding & Learning Centre - 519-837-0558
HAMILTON: T.E.A.D. - 905-679-8323
HARROW: Four Willows Farm
KITCHENER: CODRP / Pride Stables - 519-653-4686
LONDON: SARI Therapeutic Riding - 519-666-1123
MILTON: Windrush Stable Therapeutic Riding Centre - 905-854-6008
NIAGARA ON THE LAKE: Red Roof Retreat - 905-684-0235
NORTH AUGUSTA: Touch a Rainbow - 613-926-2116
OWEN SOUND: G.R.A.C.E. - 519-372-2721
PETERBOROUGH: PARD Therapeutic Riding - 705 742-6441
PETROLIA: Tomlynn Acres Reg. Quarter Horses - 519-882-0958
PORT BURWELL: Jabez Therapy Ranch - 519-874-1168
PORT ELGIN: P.R.A.N.C.E. - 519-832-2522
SCHOMBERG: King's Ransom Equestrian
ST. CATHARINES: Horse Alternative Therapeutic Services - 905-704-9820
SAULT STE. MARIE: Therapeutic Ride Algoma - 705 945-8546
VAL RITA: Northern Lights TRA
HAMILTON: T.E.A.D. - 905-679-8323
THUNDER BAY: Thunder Bay Therapeutic Riding Assoc. - 807-472-5650
TIMMINS: Timmins Therapeutic Riding Assoc. - 705-269-5994
TORONTO: C.A.R.D. - 416-667-8600
WHITBY: Durham TRA
WINDSOR: Windsor-Essex Therapeutic Riding Assoc. - 519-969-1261

Please volunteer at a centre near you!

DISCLAIMER: Please be advised that OnTRA is not responsible for the accreditation, actions or activities at any OnTRA Member Centre. OnTRA has no legal or structural authority over any Member Centre as each Centre is autonomous. Be aware that horseback riding can be a dangerous sport therefore you should verify the safety procedures & the certification of the instructors at the therapeutic riding facility of your choice.



The Ontario Therapeutic Riding Association is please to present the

1st Annual OnTRA Awards

Do you know an outstanding

- Volunteer?
- Adult Rider?
- Youth Rider (8-18)?
- Horse?



Nominate them to receive an amazing prize and plaque to recognize their remarkable achievements.

Awards will be presented at the 27th Annual General Meeting, fall 2011.

Applications coming soon! Keep checking

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*Applications will be due no later than September 31, 2011

*Nominee MUST be at an OnTRA Member Centre