



[www.ontra.ca](http://www.ontra.ca)

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*therapeutic riding... horses helping people*

The

## ManeLine

### Sonia Koczekan Clinic

March 26

OnTRA's Enhance Your Lessons clinic with Sonia Koczekan held at CARD was a smashing success. Twenty-two participants ranging from fully certified instructors to those training for their certification enjoyed a day packed with information and activity. The morning was spent discussing and practicing different techniques for mounting and dismounting. The clinic participants practiced the techniques on each other and were able to provide feedback on how each attempt impacted on the demonstration rider and how it felt for the instructors. After a light lunch, we reconvened for an afternoon discussing the progression from stability to mobility during exercises, lesson topics and horse choice. Again, a highly interactive session included candidates acting as riders, side walkers and instructors. After each exercise was conducted, Sonia debriefed the efficacy of the exercise/activity and the next logical progression was outlined for a variety of disabilities.

The day wrapped up in the arena with a question and answer period where all the participants were able to ask any question that may not have been covered earlier in the day.

OnTRA extends their sincere thanks to Sonia Koczekan, Seana Waldon and all of the CARD volunteers who worked so very hard to make this day a success. We would also like to thank our participants for their exchange of ideas. Your willingness to get involved and ask questions helped ensure we had an engaging day full of information that was useful for everyone.



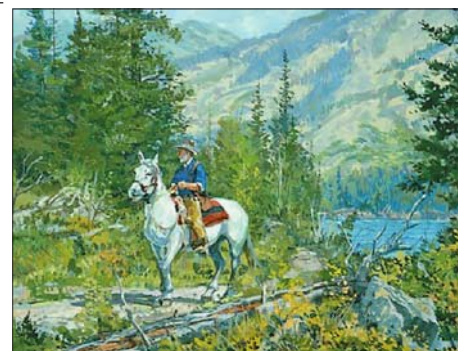
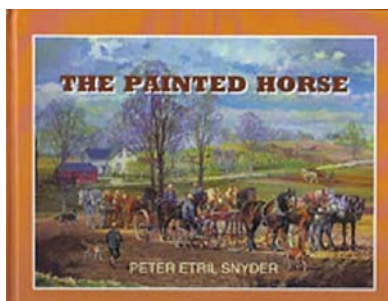
## OnTRA Welcomes Donation from Artist Peter Snyder

OnTRA would like to express thanks to Peter Etril Snyder for his wonderful donation of coffee table books titled 'The Painted Horse'. The book brings together quite a number of his paintings that deal with horses. OnTRA has donated many of these books to our member centres for their use as gifts or fundraising

tools but they are also available for sale from the OnTRA website - [www.ontra.ca/books-and-videos.html](http://www.ontra.ca/books-and-videos.html). The books retail for \$60 but are available for sale from the OnTRA website for \$50. Check out a sample of his work - [www.snyder-gallery.com](http://www.snyder-gallery.com).

Peter Snyder is also a long time supporter of our member centre, Pride Stables, from Kitchener. We thank Peter for his support of therapeutic riding and this wonderful donation.

**Below:** Solitary Rider  
 Copyright Peter Etril Snyder



The Ontario Therapeutic Riding Association is please to present the

## 1st Annual OnTRA Awards

Do you know an outstanding

- Volunteer?
- Adult Rider?
- Youth Rider (8-18)?
- Horse?



*Nominate them to receive an amazing prize and plaque to recognize their remarkable achievements. Awards will be presented at the 27th Annual General Meeting, fall 2011.*

Applications coming soon! Keep checking

[www.ontra.ca](http://www.ontra.ca)

\*Applications will be due no later than September 31, 2011

\*Nominee MUST be at an OnTRA Member Centre

### 2011 OnTRA MEMBER CENTRES

**ASHBURN:** The Stables at WindReach Farm - 905-655-5827  
**BARRIE/ORILLIA:** Stonegate Farm - 705-327-7801  
**BELLEVILLE:** Quinte Therapeutic Riding Assn. - 613-395-4472  
**BRACEBRIDGE:** With Care Oke-Cook Family Farm - 705-645-5866  
**BRAMPTON/CALEDON:** Caledon Equestrian School - 905 584-2022  
**BRENTWOOD:** Kuruka Equestrian  
**CALEDON EAST:** Peace Ranch - 905-584-9156  
**CARLETON PLACE:** Lanark County Therapeutic Riding Program - 613 257-7121  
**CORNWALL:** Brave-Hearts Riding Club - 613-528-1616  
**CORNWALL:** Second Wind Acres - 613-528-1616  
**GREELY:** TROT  
**GUELPH:** Sunrise Therapeutic Riding & Learning Centre - 519-837-0558  
**HAMILTON:** T.E.A.D. - 905-679-8323  
**HARROW:** Four Willows Farm  
**KITCHENER:** CODRP / Pride Stables - 519-653-4686  
**LONDON:** SARI Therapeutic Riding - 519-666-1123  
**MILTON:** Windrush Stable Therapeutic Riding Centre - 905-854-6008  
**NIAGARA ON THE LAKE:** Red Roof Retreat - 905-684-0235  
**NORTH AUGUSTA:** Touch a Rainbow - 613-926-2116  
**OWEN SOUND:** G.R.A.C.E. - 519-372-2721  
**PETERBOROUGH:** PARD Therapeutic Riding - 705 742-6441  
**PETROLIA:** Tomlynn Acres Reg. Quarter Horses - 519-882-0958  
**PORT BURWELL:** Jabez Therapy Ranch - 519-874-1168  
**PORT ELGIN:** P.R.A.N.C.E. - 519-832-2522  
**SCHOMBERG:** King's Ransom Equestrian  
**ST. CATHARINES:** Horse Alternative Therapeutic Services - 905-704-9820  
**SAULT STE. MARIE:** Therapeutic Ride Algoma - 705 945-8546  
**VAL RITA:** Northern Lights TRA  
**HAMILTON:** T.E.A.D. - 905-679-8323  
**THUNDER BAY:** Thunder Bay Therapeutic Riding Assoc. - 807-472-5650  
**TIMMINS:** Timmins Therapeutic Riding Assoc. - 705-269-5994  
**TORONTO:** C.A.R.D. - 416-667-8600  
**WHITBY:** Durham TRA  
**WINDSOR:** Windsor-Essex Therapeutic Riding Assoc. - 519-969-1261

Please volunteer at a centre near you!

**DISCLAIMER:** Please be advised that OnTRA is not responsible for the accreditation, actions or activities at any OnTRA Member Centre. OnTRA has no legal or structural authority over any Member Centre as each Centre is autonomous. Be aware that horseback riding can be a dangerous sport therefore you should verify the safety procedures & the certification of the instructors at the therapeutic riding facility of your choice.