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Hello,

The Canadian Paraplegic Association Ontario (CPAO), Peer Support Program is looking for persons with spinal cord injuries and/or family members that have life experience to volunteer with the Peer Support Program.

Volunteering could range from 2 to 4 hours a month. Some months require no time at all depending on the requests. Each client is matched with someone with a similar injury level, age, gender, interests, etc. There is a required interview with me, as Peer Support Coordinator, and as well I can customize a training program that works with your schedule.

The life experience that you have is so valuable to persons who are newly injured with a spinal cord injury or persons already living in the community that could use the support of a Peer. Mileage and/or transportation to meet with the person is paid for by CPAO or your meeting could be by phone along with email communication.

The London Peer Support Program is growing and we need you! I look forward to hearing from you.

Sincerely,

Penny Watson
Peer Support Coordinator
Canadian Paraplegic Association Ontario
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65 years of re-building lives... one victory at a time.

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